

Traveling to the New York State Psychiatric Institute, 1051 Riverside Drive, New York, NY.

The New York State Psychiatric Institute (NYSPI) is at 1051 Riverside Drive near 165th Street in Manhattan. There is a driveway for dropping off people, but no parking. (Parking facilities are available nearby; information is below.)

To drive here:

From Manhattan

Joe DiMaggio (West Side) Highway: North to exit 15, Riverside Drive. Merge right onto Riverside Drive. Immediately after the stoplight at 165th Street, NYSPI will be on the left.

FDR (East River) Drive North: to the Harlem River Drive North. Get off at exit #24, George Washington Bridge/W. 179th Street. Keep left at the fork in the ramp, make a right onto Amsterdam Ave., turn left onto W. 179th St, turn left onto Broadway, continue to W. 165th Street, make a right, and turn right onto Riverside Drive. NYSPI is on your left.

From Brooklyn

Take the Gowanus Parkway to the Brooklyn-Battery Tunnel, then follow the directions above from Manhattan.

From Queens & Long Island

If taking the Triboro Bridge, after paying the toll, bear right and get on the Harlem River Drive North. Get off at exit #24, George Washington Bridge/W. 179th Street. Keep left at the fork in the ramp, make a right onto Amsterdam Ave., turn left onto W. 179th St, turn left onto Broadway, continue to W. 165th Street, make a right, and turn right onto Riverside Drive. NYSPI is on your left.

If taking the Throggs Neck or Whitestone Bridge to the Cross Bronx Expressway/ George Washington Bridge:

On approach to the GW Bridge, stay right (Lower Level). Take the Henry Hudson Parkway South exit. On approach to the Henry Hudson Parkway, bear left and take the Riverside Drive exit. Make a right onto Riverside Drive. NYSPI will be on the right, just before the stoplight at 165th Street.

From Westchester (Points North)

If taking the Major Deegan Expressway to George Washington Bridge exit. On approach to the GW Bridge stay right (Lower Level). Take the Henry Hudson Parkway South exit. On approach to the Henry Hudson Parkway, bear left and take the Riverside Drive exit. Make a right onto Riverside Drive. NYSPI will be on the right, just before the stoplight at 165th Street.

If taking the Henry Hudson Parkway South to the George Washington Bridge exit (left exit). Bear right onto Riverside Drive. NYSPI will be on the right, just before the stoplight at 165th Street.

From New Jersey (or West)

If taking roads to the George Washington Bridge, take the upper level. Bear right to 178th Street exit, turn right onto Broadway, continue to W. 165th Street, make a right, and turn right onto Riverside Drive. NYSPI is on your left.

Alternately, use the lower level of the bridge, stay in the left hand lane, and take the Henry Hudson Parkway South exit. Remain left and follow signs to Riverside Drive. Make a right onto Riverside Drive, and NYSPI will be on the right, just before the stoplight at 165th Street.

From Connecticut

If coming from Western Connecticut, take 684 South to the Saw Mill River Parkway, OR 684 South to the Hutchinson Parkway OR Merritt Parkway to 287 West to the Saw Mill South OR the Cross County going West to the Saw Mill River Parkway.

If coming from Eastern Connecticut, take the Cross County Parkway to the Saw Mill River Parkway, South to the Henry Hudson Parkway, OR I-95 to the Cross Bronx, OR 287 West to the Saw Mill South, OR New York State Thruway South to the Tappan Zee Bridge, stay on 287 to the Saw Mill River Pkwy to the Henry Hudson Pkwy South to the George Washington Bridge exit. Make a right onto Riverside. NYSPI will be on the right, just before the stoplight at 165th Street.

Parking Facility

Street parking is an option, but it can be difficult to find. The closest parking garage is located on Fort Washington Avenue between 164th and 165th Streets. For information and rates call 1.212.305.2718. NOTE: The garage is about a fifteen minute walk from NYSPI. See below for directions to the parking facility. For an additional charge, valet parking is available at the Milstein Hospital building (Fort Washington Avenue between 165th Street and 168th Street).

Directions to parking facility

From Riverside Drive, turn onto 165th Street. At Fort Washington Avenue, turn right. The parking garage entrance is immediately on the right.

Public Transportation

NYSPI also has an entrance at 40 Haven Avenue near 168th Street. (As 168th Street proceeds west, it bends north and turns into Haven Avenue. 40 Haven is at the bend.)

Bus and subway fares are \$2.75. Subway trains require Metrocards and can be purchased at the station booth. Buses require Metrocards or exact change. Bills are not accepted.

Subway

Take 1, A, or C to 168th Street and Broadway. Walk two blocks west along 168th Street to Haven Avenue. (MTA Info: <http://www.mta.info/>)

Buses

Take M4 to 168th Street and Fort Washington Avenue. Walk one block west along 168th Street to Haven Avenue.

Take M5 or BX7 to 168th Street and Broadway. Walk two blocks west to Haven Avenue.

Take M2, M3, or M100 to 168th Street and St. Nicholas Avenue; walk three blocks west to Haven Avenue.

Take M101 to 168th Street and Amsterdam Avenue; walk five blocks west.

Take BX6 to 155th Street and Broadway, transfer to the M4 or M5, and then follow above directions for the M4 or M5.

Long Island Rail Road

To 34th Street 7 8th Avenue. Transfer to uptown A or C train to 168th Street & Broadway
(LIRR Info: <http://www.mta.info/lirr>)

Metro North and Amtrak

Get off at Grand Central Station. Take the S (Shuttle) train to Times Square. Get off and take the uptown A, C, or 1 train to 168th Street & Broadway. Follow directions above.

(Metro North info: <http://www.mta.info/mnr>; Amtrak info: <https://www.amtrak.com/home.html>)

PATH Train

To 33rd Street. At 33rd Street, transfer to the uptown B or D train. Get off at 59th Street, wait on the same platform for the uptown A or C train, OR go upstairs and take the uptown 1 train to 168th Street & Broadway. Follow directions above.

(PATH Info: <http://www.panynj.gov/path/>)

Staten Island Ferry

Take the ferry to Manhattan. Transfer to the uptown 1 train at the South Ferry station to 168th Street & Broadway. Follow directions above. (Ferry Info: <https://www.siferry.com/>)